



Liquid Menu

A full liquid diet provides foods that are normally liquid and foods that turn into liquid at room temperature. A clear liquid diet provides foods made up of only clear fluids and foods that are clear fluids when at room temperature.

--- Hot Cereal ---

Cream of Wheat (full)

--- Broth & Soup ---

Beef Broth (clear & full)

Chicken Broth (clear & full)

Puree Chicken Noodle (full)

Puree Tomato Basil (full)

--- Sweets ---

Red Gelatin (clear & full)

Diet Gelatin (clear & full)

Lemon or Cherry Water Ice (clear & full)

Vanilla or Chocolate Milkshake (full)

Berry Smoothie (full)

Chobani Yogurt Smoothie Peach or Berry (full)

Light Vanilla Yogurt (full)

Plain Whole Fat Yogurt (full)

Vanilla Greek Non-Fat Yogurt (full)

Chocolate & Vanilla Pudding (full)

Vanilla or Chocolate Ice Cream (full)

Raspberry Sherbet (full)

Blue Raspberry Ice Pop (clear & full)

--- Beverages ---

Bottled Water (clear & full)

Gatorade: Lemon or Orange (clear & full)

Crystal Light Lemonade, Iced Tea or Fruit Punch (clear & full)

Hot Tea: Reg or Decaf (clear & full)

Apple Juice (clear & full)

Cranberry Juice (clear & full)

Orange Juice (full)

Ginger Ale (clear & full)

Cherry Bubbly (clear & full)

Skim Milk (full)

2% Milk (full)

Whole Milk (full)

1% Chocolate Milk (full)

Vanilla Soy Milk (full)

Almond Milk (full)

Lactose Free Milk (full)

Wawa Iced Tea (clear & full)

Wawa Lemonade (clear & full)

Hot Chocolate (full)

--- Extras ---

Honey (clear & full)

Sugar (clear & full)

Splenda (clear & full)

Salt (clear & full)

Brown Sugar (full)



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